

THE CATHEDRAL BASILICA OF SAINT AUGUSTINE

RECTORY: 35 TREASURY STREET
824-2806 ■ OFFICE HOURS: 9 A.M. TO 4:30 P.M.
MONDAY THROUGH FRIDAY

E-MAIL: cathparish@gmail.com ■ WEBSITE: thefirstparish.org

Pastor: Very Rev. Thomas Willis ■ frtomstaug@gmail.com

Parochial Vicar: Rev. D. Terrence Morgan ext. 312 ■ frmorganstaug@gmail.com

Parochial Vicar: Rev. Bartholomew "Bart" Gadaj, CSsR ■ b.gadaj@gmail.com

Rev. Jeffrey Johnston ■ frjeffstaug@gmail.com

Pastoral Associate: Deacon Charles Kanaszka, Jr. ext. 301 ■ ckanaszka@gmail.com
Deacon John Sollee ■ jsollee@sudp.edu

Parish Manager: John Garofalo ext. 304 ■ cathadmin@gmail.com

Director of Music: Dr. Bernie Sans ext. 331 ■ cathstaugmusic@gmail.com

Director of Religious Education: Barbara Eretto ext. 315 ■ cathedralcfc@gmail.com

Youth Minister: Ryan Poticny ext. 326 ■ cathedralyouthgroup@gmail.com

Finance Office: Diane Clark ext. 311 ■ cathedralfinance@gmail.com

Bookkeeper: Patti Schiavo ext. 311 ■ cathedralbookkeeper@gmail.com

Receptionist: Diane Cowart ext. 335 ■ cathreceptionist@gmail.com

Secretary: Debbie Yelton ext. 310 ■ cathedralsecretary@gmail.com

Church Records: June Moran ext. 306 ■ cathchurchrecords@gmail.com

Bell Tower Gift Shop: 829-0620 ■ cathedralbelltower@gmail.com

Cathedral Parish School: Kathy Boice, Principal

824-2861 ■ kboice@cpschool.org

Cathedral Parish Early Education Center: Jill Valley, Director

829-2933 ■ valleycpeec@aol.com

CATHEDRAL PARISH COUNCIL

Joel Beason ■ David Gauronskas ■ Mary Kelley Kryzwick ■ Anne Marie LaVista (Chair)

Bill Mullen ■ Mary Petrone ■ Joe Riffe (Secretary) ■ Bob Wagner (Vice-Chair)

CATHEDRAL FINANCE COUNCIL Richard LaVista, Chair

Tom Albano ■ Marilyn Beach ■ Tom Dolan ■ Zack Smith

This Week in Our Parish

SUNDAY, JULY 16

9:30 a.m. – RCIA, Verot Room

6:30 p.m. – Senior Youth Group, Bosco House

MONDAY, JULY 17

TUESDAY, JULY 18

9:30 a.m. & 4:45 p.m. – Legion of Mary meeting, St. Benedict the Moor Rectory

7 p.m. – RCIA, St. Benedict the Moor Rectory

WEDNESDAY, JULY 19

10 a.m. – SSJ Mass, Cathedral

THURSDAY, JULY 20

7:45 a.m. – Altar Guild, Cathedral

10 a.m. – Living the Eucharist, St. Benedict the Moor Rectory

FRIDAY, JULY 21

SATURDAY, JULY 22

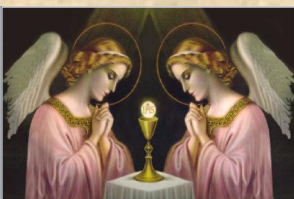
7:30-8:30 a.m. – Confessions, Cathedral

10 a.m. – Cathedral Ushers meeting, Bishop Baker Center



Miraculous Medal Novena

on Tuesdays before 7 a.m. Mass at
the Cathedral Basilica of Saint Augustine
"O MARY, CONCEIVED WITHOUT SIN, PRAY FOR US
WHO HAVE RECOURSE TO YOU!"



**Solemn Exposition of the
Blessed Sacrament**
IN THE BLESSED SACRAMENT
CHAPEL OF THE CATHEDRAL
Monday through Friday, following
7 a.m. Mass, until 3 p.m.



THIS WEEK'S MASS INTENTIONS

CATHEDRAL

7/16	Sunday 9 a.m.	Fran and Ernie Meyers †
7/17	Monday 7 a.m.	Jimmy Edwards †
7/18	Tuesday 7 a.m.	Marcelino Eco †
7/19	Wednesday 7 a.m.	Don Ralph †
7/20	Thursday 7 a.m.	The Lands Family "L"
7/21	Friday 7 a.m.	Riley Larocca †
7/22	Saturday 7 a.m.	John J. Donovan, Jr. †
7/22	Saturday 5 p.m.	In thanksgiving to Ven. Felix Varela
7/23	Sunday 9 a.m.	Russell Armstrong †

SAINT BENEDICT THE MOOR

7/16	Sunday 8 a.m.	May and Frank Conway †
7/23	Sunday 8 a.m.	Nick Pasqualino †



LITURGY OF THE WORD

Monday, July 17

Ex 1:8-14, 22 ■ Ps 124:1b-3, 4-6, 7-8 ■ Mt 10:34-11:1

Tuesday, July 18

Ex 2:1-15a ■ Ps 69:3, 14, 30-31, 33-34 ■ Mt 11:20-24

Wednesday, July 19

Ex 3:1-6, 9-12 ■ Ps 103:1b-2, 3-4, 6-7 ■ Mt 11:25-27

Thursday, July 20

Ex 3:13-20 ■ Ps 105:1 and 5, 8-9, 24-25, 26-27 ■ Mt 11:28-30

Friday, July 21

Ex 11:10-12:14 ■ Ps 116:12-13, 15 and 16bc, 17-18 ■ Mt 12:1-8

Saturday, July 22 SAINT MARY MAGDALENE

Sgs 3:1-4b or 2 Cor 5:14-17 ■ Ps 63:2, 3-4, 5-6, 8-9 ■ Jn 20:1-2, 11-18

Sunday, July 23 THE SIXTEENTH SUNDAY IN ORDINARY TIME

Wis 12:13, 16-19 ■ Ps 86:5-6, 9-10, 15-16 ■ Rom 8:26-27 ■ Mt 13:24-43

Above: Moses before the Burning Bush, Gebhard Fugel, c. 1920

EVERY WEDNESDAY
SUMMER SERIES!

ENCOUNTERING CHRIST

CATHOLIC YOUNG ADULT
BIBLE STUDY
WITH
DEACON JOHN SOLLEE

For young adults in their 20s-30s
7PM - BOSCO HOUSE
10 SEBASTIAN AVENUE

❖ **Reminders:**

● If you would like a hearing-assistance device that will help you in hearing the Mass, please come to the sacristy before Mass and see one of the sacristans. We have six devices that can be loaned at each Mass.

● If you need a low-gluten host so you can receive our Lord in His Most Precious Body at Holy Communion, please come to the sacristy before Mass and let the sacristan know.



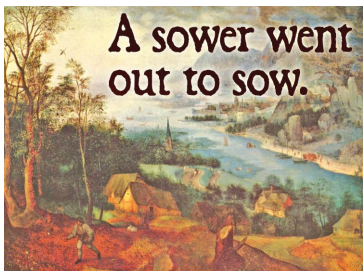
Our thanks to the people of **Old Town Trolley Tours** in St. Augustine for providing the **free shuttle** from the parking lot at Cathedral Parish School to the Cathedral Basilica each Saturday and Sunday for the 5:00 p.m. Masses.

Remember the shuttle service starts around 4:15 p.m. and then takes you back to the CPS parking lot after

Mass. This service is **ONLY** for those attending Mass.

NEED PRAYERS? If you or someone you know is in need of prayers, call 599-9455 or 824-2806 to be added to our prayer list.

THE WHOLE MASS...NOTHING LESS.



FROM THE PASTOR'S DESK

Several months ago a suggestion was made about moving some of the evening liturgies and meetings to an earlier hour. Following discussion with the Cathedral Parish Council, we will begin doing so in the coming months with holy day of obligations Masses, Vespers and the like that are held in the early evening.

So, beginning with the evening Masses for the Solemnity of the Assumption of the Blessed Virgin Mary, the Vigil Mass (on August 14) and the evening Mass on the feast itself (August 15) will begin at 6:00 p.m. I realize that this is not going to be able to accommodate everyone. However, the two primary reasons for making the change are the following: (1) parking is easier in downtown St. Augustine at that hour and (2) there is better sunlight available at that hour (before Daylight Saving Time concludes).

Please Note – This does NOT change our Saturday and Sunday evening Mass schedule. The Masses for those days remain at 5:00 p.m. (except on very solemn feasts such as Easter and Christmas).

We'll do this for the next year on a trial basis and revisit the decision later on if it is negatively impacting our families. Thank you for your cooperation and understanding.

Love, Father Tom

Mission Statement of the Cathedral Parish St. Augustine, Florida

**WE ARE CHRIST'S EYES, EARS, MOUTH, HANDS,
AND FEET -**

**SENT OUT TO DO JUSTICE, ESPECIALLY FOR THE
POOR AND OPPRESSED,**

**TO MINISTER TO THE NEEDS OF THE COMMUNITY,
TO BE FAITHFUL STEWARDS OF GOD'S CREATION -
AWAKENING FAITH AMONG THE HOPELESS,
AND PROMOTING LIFE EVEN WITHIN THE CULTURE
OF DEATH.**

**The deadline for submissions to the Cathedral bulletin is
noon on Monday, six days prior to bulletin distribution.
Bulletin editor: ssmckasavant@aol.com**

❖ **Cathedral Parish Religious Education classes begin on September 6**

Religious Education classes begin on Wednesday, September 6. Registration packets were mailed last week for Religious Education. Please complete and return them to the parish office.

If you have any questions, please email Barbara Eretto, Director of Religious Education, at cathedralrcfp@gmail.com or call her at (904) 392-7258.



Cathedral Parish Early Education Center

10 Sebastian Ave. St. Augustine, FL 32084
(904) 829-2933

Cathedral Parish Early Education Center (CPEEC) is in the process of registration for the 2017-2018 school year. Limited spaces in

the two-year-old, three-year-old, and Voluntary Prekindergarten (VPK) classes are available. The VPK program is designed to prepare children for kindergarten and build the foundation for their educational success. Care beyond the VPK hours is additional. Please telephone CPEEC at (904) 829-2933 to secure your spot!

❖ **Do you love to cook for a crowd? Are your weekends free and flexible?**

The retired Sisters of St. Joseph need a weekend cook and are looking for a friendly personality, with cooking and kitchen clean up skills. The hours are 9:30-1:30 every Saturday and Sunday. If interested, please contact Pat Poticny, Administrator of Lourdes Convent, at (904) 824-1725.



EUCCHARISTIC ADORATION

IN THE BLESSED SACRAMENT CHAPEL
"Could you not watch one hour with me?" Mt 26:40

Eucharistic Adorers are needed for the following hours: Wednesday 8-9 and 1-2
■ Thursday 9-10 ■ Friday 9-10

Please call Susan Partel, 829-5508 or 669-9351, to commit to an hour.

❖ **From the Fifth Annual Blues Fest: call for volunteers**

The Fifth Annual Blues Fest, proceeds to benefit the St. Benedict Rectory, is October 20-21... and we're calling for volunteers. Join us for one of our meetings and see how you can help! A meeting will be held on **July 23** in the St. Benedict Rectory after the 8 a.m. Mass. For those who can't make Sunday, a meeting will be held on Wednesday, **July 26** at 30 ML King Avenue (parking next door at 34 ML King and driveway behind 30 ML King on Cedar Street side). For more information: stbensbluesfest@gmail.com.

❖ **From the St. Augustine Legion of Mary: join us!**

The Legion of Mary is a Lay Apostolate of men and women who wish to be spiritually nourished, give glory to God through Mary, and spread the Gospel, thus assisting our Priests in the work of evangelization through our words and actions. The Legion of Mary was started in Dublin, Ireland in 1921, and has spread to the United States and all countries throughout the world.

The St. Augustine Legion of Mary meets on Tuesdays, both at 9:30 a.m. and at 4:45 p.m., at the St. Benedict the Moor Rectory on MLK Avenue. Meetings last an hour and a half. We pray the Rosary, study the New Testament, recite prayers and perform active works in our community. Call Ginger Grant, (904) 654-3386, for more information.

OFFERTORY FOR JULY 2, 2017

CATHEDRAL.....	\$13,519.00
St. Benedict the Moor.....	\$1,379.00
Faith Direct.....	\$5,941.32
Weekly Total.....	\$20,839.32
Weekly Amount Needed.....	\$23,656.73
Weekly +/-.....	\$(-) 2,817.41

OFFERTORY FOR JULY 9, 2017

CATHEDRAL.....	\$15,239.00
St. Benedict the Moor.....	\$1,850.00
Faith Direct.....	\$5,941.32
Weekly Total.....	\$23,030.32
Weekly Amount Needed.....	\$23,656.73
Weekly +/-.....	\$(-) 626.41
YTD actual thru 6/30/17**.....	\$1,225,315.80
YTD needed thru 6/30/17.....	\$1,230,150.00
YTD +/-.....	\$(-) 4,834.20

*Weekly total does not include any offertory given via website, mail, etc. **YTD total includes all offertory, e.g. collection baskets, Faith Direct, website, mail, etc. YTD based on a July 1-June 30 fiscal year.

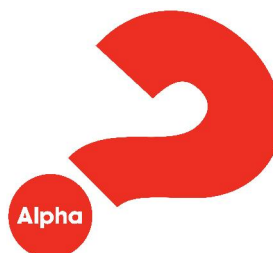


ANNOUNCING WALKING WITH PURPOSE

Are you interested in getting together with a group of women to explore your faith? You don't have much Scripture knowledge, but you would like to see how the Scriptures apply to your everyday life? If so, we invite you to consider joining Walking with Purpose at St. Anastasia Catholic Church. Weekly group sessions are starting mid-September on Wednesday mornings. Our 22-week foundational Bible study is designed for both women new to WWP as well as those with more Bible study experience.

Walking with Purpose is a Catholic Bible study for women that aims to bring women to a deeper personal relationship with Christ. Through personal study and small group discussions, the group helps to link our everyday challenges with solutions given to us through the teachings of Christ and the Catholic Church.

For questions or to be added to the contact list to receive more information, contact Allison DuBrow, allisonmdubrow@gmail.com or (407) 924-7965, or Evette Nowicki, evenow48@gmail.com or (303) 905-0030. For more information, you can also visit www.walkingwithpurpose.com. We hope to see you at Walking with Purpose this fall!



Coming in September!

The seed that falls on good ground will yield a fruitful harvest.



La semilla que cae en tierra buena produce buenos frutos.

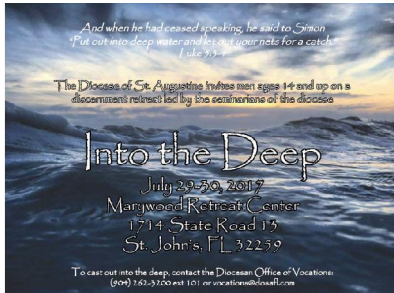


Let us ask the Father of mercies to enable us to live fully the faith graciously bestowed upon us on the day of our Baptism and to bear witness to it freely, joyfully and courageously.

This will be the best service we can offer to the cause of Christian unity, a service of hope for a world still torn by divisions, conflicts and rivalries.

Pope Francis, March 20, 2013

Cathedral Social Justice Ministry 501-2632



❖ **Men's Discernment Retreat, July 29-30 at Marywood Retreat Center**

Have you ever felt that you were made for more? Do you want to learn to recognize the call of the Lord in your life? Come to "Into the Deep," a discernment retreat

for men led by the seminarians of the Diocese of St. Augustine. This two-day retreat includes Mass, talks, small group discussions, and time for recreation, prayer, adoration and confession. Is the Lord calling you to go deeper? Contact the Diocesan Office of Vocations at vocations@dosaf.com or call (904) 262-3200, ext. 101 for more information.

❖ **Ecumenical sewing for Sulzbacher Women's Center, August 5 at Most Holy Redeemer Catholic Church**

Ladies from all over are invited to work on an all-day, inter-faith sewing project of making coverlets, quilts, pillowcases, etc. for women/children of The Sulzbacher Center. This event will take place on Saturday, August 5 at Most Holy Redeemer Catholic Church (8523 Normandy Blvd.) in Jacksonville. We will begin at 7:00 a.m. with a prayer breakfast, and we will cut, press, sew until the 5:30 p.m. Mass. Lunch is included. If you sew and have a machine, bring it. If you don't, grab your iron or scissors. If you think you have nothing to offer, bring a small covered dish and prepare to be amazed! Call Patty Wallace at (904) 472-3811 or the parish office at (904) 786-1192. To learn more about The Sulzbacher Center, visit their website, sulzbachercenter.org.

❖ **First Annual Diocese of St. Augustine Young Men's Retreat, August 26-27**

Join us for our DOSA Annual Young Men's Retreat on August 26-27! The retreat will give our high school young men an environment and a vision of Church 100% tailored to them. It is important that they gather together as a diocese so that they see the Church is more than their one parish or school. If they are the generation to take the Church into the future then it is vital they take ownership. We need their hearts to be in it. This retreat is open to all rising 9-12 grade students. We encourage you to invite your young men to attend! Cost is \$75. Scholarships are available. To register or for more information, contact Robin Shipley, rshipley@dosaf.com.

Cathedral Parish Parking: TRUE OR FALSE?

Cathedral parishioners have a right to park in both the "Bank of America lot" and the "Old Wells Fargo lot."

FALSE. Parking in either of these lots is a privilege not a right. Sadly, some of our own parishioners abuse this privilege and are no longer allowed to park in these lots.



❖ **Stewardship reflection for the Fifteenth Sunday in Ordinary Time**

In today's Gospel Reading from St. Matthew, Christ is asked why He speaks in parables. His response in part is the statement, "To anyone who has, more will be given and he will grow rich; from anyone who has not, even what he has will be taken away." Christ's parables, of which there are many, may not always make sense to us, unless we consider them carefully.

Christ's speaking in and relating to parables has everything to do with what we call The Word. If we listen conscientiously to the Word (represented by our readings at Masses and to the homily we hear), we may, and perhaps even should, grasp the meaning. The Word is filled with the deeper truths of the Bible. God opens our eyes and ears to these truths, but we must be amenable to them and must be willing to try to understand them. Too often we merely listen and do not hear. We go through the motions, when our total concentration should be on what we are being told. First of all we need to appreciate that only God can open the eyes and ears of each of us.

One of the popular phrases about stewardship is "an attitude of gratitude." That is so important. On a bad day, even the most hardened of us can find one thing for which to be grateful, and that can adjust everything in our thought processes. Are we closed to the teachings of Jesus? If we open our minds and concentrate, the Lord's teachings may unfold to us like nothing we have ever experienced previously.

❖ **St. Mary Magdalene (Feast Day July 22)**

The feast of St. Mary Magdalene is considered one of the most mystical of feasts, and it is said that of all the songs of the saints, that of Mary Magdalene is the sweetest and strongest because her love was so great. That love was praised by Jesus Himself who said that because much was forgiven her, she loved much. Where she is buried, no one knows. Legend has her dying in Provence, France, in a cavern where she spent her last days, and her body resting in the chapel of St. Maximin in the Maritime Alps. Another has her buried in Ephesus where she went with St. John after the Resurrection. This latter view is more likely, and St. Willibald, the English pilgrim to the Holy Land in the eighth century, was shown her tomb there.

The true identification of St. Mary Magdalene is not quite clear. The Greek Fathers gave her a separate identity than Mary of Bethany, sister of Martha and Lazarus, but most Latin Fathers say she is the same Mary.

She was the first recorded witness to the resurrection of Jesus, His most ardent and loving follower. She had stood with Mary at the foot of the Cross on that brutal Good Friday afternoon and had been by the side of Mary during these difficult hours. On Easter morning, she went with the other women to the tomb and it was there, in the garden near the tomb, that Jesus appeared to her. It was she who brought the news of the Resurrection to the Apostles, and Peter and John raced to the tomb to see what had happened.

She was from Magdala, a small fishing town on the Sea of Galilee, between Capernaum and Tiberias. She was known to be a "great sinner," a woman of the streets who heard Jesus speak of the mercy and forgiveness of God and changed her life completely. Her matter-of-fact witness to the Resurrection moved Peter and John to go and see for themselves: "I have seen the Lord and these things he said to me." Jesus had chosen her to bring the news to them and she simply told them what had happened.

She has always been the example of great love and great forgiveness, one of those close to Jesus who grasped the truth of God's love for human beings and spent her life bearing witness to that love.

Excerpted from *The One Year Book of Saints* by Rev. Clifford Stevens

If at any time you wish to add a name to, or remove a name from, the prayer lists, please email Shannon McKay, bulletin editor, ssmckasavant@aol.com, to let me know.
Or, you may call the Rectory, 824-2806, and convey your message to one of our staff; the information will be passed on to me.
Many thanks! SMcK

LET US REMEMBER IN OUR PRAYERS THOSE WHO ARE SICK...

Diana Kanaszka, Delaney Nalepka, Eileen Cuning Parry, Joe Merritt, Thelma Fazio, John Fazio, Elizabeth Fazio, Ellie Flanagan, Walter Swesky, Joe Pietropola, Kevin Hollington, William "Pierre" Pierce, Shawn Hinkle, Maria Pineda, Sam DiMuzio, Pat DiMuzio, Ann Algreen, Allyson Turner, Donald Wehking, Nancy Totino, Kristeen Beebe, Irvine Morrison, Ryan Olschewski, Margaret McCutcheon, Mary Tinto, Guy Tinto, Kathleen Green, Victor Agruso, Jr., John McBryde, JoAnne Esposito, Julie Dopp Koziel, Pricilla DeLaCruz, Jill Burger, Betty Latino, Judy Mills, Robert Kramer, Adolfo Sepulveda

PLEASE PRAY FOR OUR MILITARY

Alex Carames, Will Soffera, Daniel Soffera, Lt. Col. Dr. Eric J. Colon, Kathryn Emery, CPT Derrick Hoxie IV, LCDR Sean Morrison, Robert Moran, Pamela Kassandra DeVoto, Ryan Olschewski, Patrick Connaway, Nick Brooky, Brandon McFall, Benedetto M. Santorelli, Jr.



WEEKLY OPPORTUNITY FOR SPECIAL OCCASIONS AND MEMORIALS

Anyone celebrating a special day, or wishing to honor someone's memory, is invited to do so by covering the cost of altar flowers, the Divine Mercy Icon candle, and/or the Blessed Sacrament Chapel sanctuary lamp. Deadline will be noon on Monday for the following week.

Please contact the Rectory office at (904) 824-2806 for further information.

CATHEDRAL GIFT BEARERS

If you are assigned to bring up the gifts, please check in with the ushers 15 minutes before the start of Mass. If you do not check in, the ushers will find a replacement for you.

For July 23 and 23 the Gift Bearers are:

Saturday, July 22, 5 p.m. — Jerry Veierstahler

Sunday, July 23, 7 a.m. — Naty Stowell

Sunday, July 23, 9 a.m. — Joyce Kaman

Sunday, July 23, 11 a.m. — Cynthia Sharpe

Sunday, July 23, 5 p.m. — Carole Gauronskas

Families and individuals are welcome to have the honor of presenting the people's offerings to the priest at Mass. Anyone interested in being a Gift Bearer at Mass is invited to do so. Please contact Nancy and Don Davis at davisdlspooky@gmail.com or (904) 692-4174.

Wildflower Clinic provides FREE high-quality dental and medical care to no-income, low-income, unemployed and homeless St. Johns County residents. (904) 829-1962 or GoodSamStAug.org.



Want to receive updated news from Cathedral Parish and the Catholic church? "Like" us on The Cathedral Basilica of St. Augustine Facebook page!

"ANYONE WHO ENTERS THE CHURCH
ENTERS AN ATMOSPHERE OF LOVE.
LET NO ONE SAY, "I AM A STRANGER HERE."
LET EVERYONE SAY:
"THIS IS MY HOME. I AM IN THE CHURCH.
I AM IN CHARITY. HERE I AM LOVED."

-- BLESSED POPE PAUL VI

ACTIVE PARISHIONER STATUS

We receive many requests from parishioners to qualify for weddings here, or to be godparents or sponsors for the Sacraments of Baptism and Confirmation, and to rightfully enjoy the number of services offered at the Cathedral. Part of that request is to be able to verify that a person is an "active member" of the Cathedral Parish. Because of the nature of our congregation, having so many visitors, it is difficult to know everyone.

An "active member" of this parish is one who:

- Is properly registered and on the parish census
- Faithfully attends Mass on Sundays and Holy Days
- Participates in parish activities when possible
- Uses the parish envelope system or contributes via Faith Direct

While assessments of an inquirer's status will be made individually, the above are the main factors that will be considered in making that determination.



❖ St. Vincent de Paul needs your help

The Society of St. Vincent de Paul is dedicated to helping the poorest of the poor and these folks are the ones most impacted by disasters. Our client outreach has doubled since the hurricane and so many are still waiting for help. Please consider donating a few hours a week or a month to help make a huge difference in these people's lives. We are looking for warm, compassionate individuals or couples able to show Christ's love to our neighbors. Our Vincentians visit clients two by two, in the client's homes, being present to offer comfort during their stressful situation, helping to assess the needs and provide information for additional opportunities of assistance. Our volunteer needs also include helping in our office to handle phones, compiling information, setting up client visits and verifying that areas of help have been completed. The SVDP thrift store is the major funding source for this outreach and volunteers are vital for the continued success of this work. Our store is in constant need of folks able to act as cashiers, handle our merchandise and/or stock shelves. All volunteers are screened and trained to assure success of this worthy project. Please contact Cheryle at our client services office at (904) 217-8097 or Barbara at our thrift store (904) 824-3333, and let the folks know you would like to volunteer. You will be welcomed warmly into our family of Vincentians.

There is
HOPE
for your
FUTURE

● **Caring Choices** is a program of Catholic Charities which reaches out to those in an unplanned pregnancy. Counseling, education, support and resources are made available to those facing a crisis pregnancy. This is one decision not to face alone! Call 1-866-901-9647.

● Struggling with the emotional or spiritual pain of an abortion? **Rachel's Vineyard**, a post-abortion healing ministry, will help transform your pain into love and hope. To find out more, call 904-221-3232.